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Joe, Lori and Gary

what's inside

page 2

Summer happenings

page 3

Stock up on these foods – New Forbes.com list showcases 10 surprising “superfoods”

September fun facts

page 4

Did you know that Lori Ashmore Peters is running for Judge of Probate Court No. 2 in Dallas County

deepwater horizon

A TERRIBLE TRAGEDY, A LASTING IMPACT

April 20, 2010, dawned over the Gulf Coast much the same as any other day. Commercial fishermen from Morgan City, LA, to Panama City, FL, made ready their boats and gear, and departed for open water. Grouper, red snapper, shrimp, and crabs awaited them. Hotels, restaurants, and entertainment venues prepared to welcome another day of tourists, recreational enthusiasts, and vacationers to the region.

Meanwhile, some 50 miles off the coast, there was trouble aboard the offshore drilling rig, Deepwater Horizon. Modern and equipped with the latest technology, she had just completed drilling an exploratory well 5,000 feet deep when a blowout and subsequent firestorm occurred. After burning for 36 hours, and despite the heroic efforts of firefighters to combat the blaze, Deepwater Horizon sank to its final resting place, 5,000 feet below the surface. Of the 126 crewmembers onboard at the time of the disaster, 11 perished.

The families of those 11 deceased workers will need help. Because the deaths occurred in international waters, they must file wrongful death claims under the 1920 Death on the High Seas Act (DOHSA). However, this law limits compensation to economic damages only and prohibits the fam-

ily from collecting for pain and suffering or loss of love and affection, a restriction certainly not in step with most wrongful death statutes throughout the country.

Oil flowed into the Gulf waters at the rate of about 2 million gallons a day. The socio-economic impact has been catastrophic. Fishermen can't fish; tourism has ground to a halt. With no business, many people have lost their sources of income, their homes, and their livelihoods. The 1990 Oil Pollution Act allows businesses and residents to sue for these damages, but it caps the defendants' total liability at \$75 million, an amount that is woefully inadequate considering the scope of the disaster.

The current laws do not adequately protect the victims.

As with all Americans, we mourn for the loss of the brave workers from the Deepwater Horizon, and our hearts reach out to Gulf Coast residents. If nothing else, this horrible tragedy has provided the impetus for greater discussion about enhancing our laws to better protect our citizens. Now, it's up to our legislators to make it happen. ■

Summer Happenings!

Here is what we did this Summer. What did YOU do?

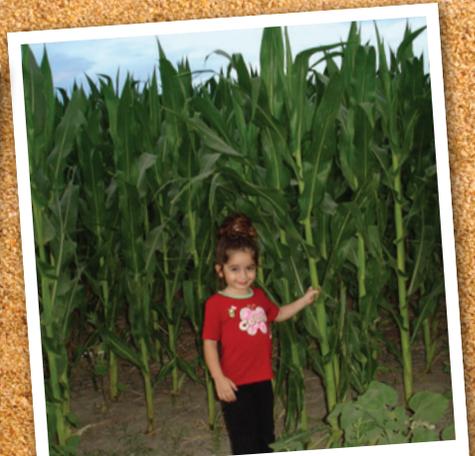
Please submit your photos and stories to FirmOpinions@AshmoreLaw.com



Legal Assistant Danielle Bradley and her daughter hanging out at the pool.



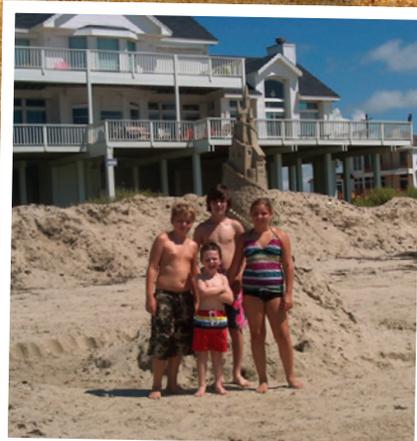
Office Manager Patti Patak and her daughter at the baseball game.



Lori Ashmore Peter's daughter at the cornfields in Colorado.



Legal Assistant Kelli Gage and her family at the beach on the 4th of July.



Legal Assistant Amy Tarno's kids on vacation at the beach in Galveston.



The Ashmore's at the 4th of July parade.

stock up on these foods

NEW FORBES.COM LIST SHOWCASES

10 SURPRISING “SUPERFOODS”

As you probably know, certain foods get a reputation as being exceptionally healthy and good for you. Spinach and salmon are two that immediately come to mind.

But a recent list compiled by Forbes.com focused on some surprising superfoods that consumers should pay attention to — foods that may have gotten a bad rap in the past but actually are packed with nutrition and potential disease-fighting properties. Here’s what they found:

- Raw Chocolate - Can reduce the risk of heart disease and enhance a person’s mood.
- Buckwheat Honey – Anti-inflammatory and anti-bacterial properties.
- Avocados – High in potassium, B vitamins, vitamin E and vitamin K.
- Pumpkin – Can defend against cell damage and help prevent cataracts and macular degeneration, an eye condition that can lead to blindness.
- Black Tea – May help lower cholesterol and prevent dementia.
- Eggs – Help keep bones, hair and nails strong, and also aids in heart and brain health.
- Cinnamon – Helps delay onset of aging and has a positive effect on insulin levels.
- Tomato Paste – Packed with lycopene which can provide strong defense against diseases like prostate cancer.
- Frozen Blueberries – Filled with vitamin C and contain antioxidants that are said to improve brain function.
- Wasabi – May help prevent a wide range of ailments, including ulcers, tooth decay, blood clots, and asthma. It has anti-bacterial properties as well.

Even though the superfoods on the list can be very beneficial, researchers still stress the importance of eating a balanced diet and getting enough exercise. ■



September fun facts:

Birthstone: Sapphire

Birth Flower: the Aster or Morning Glory (Meaning: Symbol of Love and Affection)

Astrological Signs: Virgo: August 23 - September 21 and Libra: September 22 – October 22

National Cholesterol Education Month

Baby Safety Month

National Skin Care Awareness Month

National Food Safety Education Month

Gynecologic Cancer Awareness Month

National Alcohol and Drug Addiction Recovery Month

Ovarian Cancer Awareness Month

Leukemia, Lymphoma, Myeloma Awareness Month

September 6 – Labor Day

September 9–10 – Rosh Hashanah

September 11 – Patriot Day

September 12 – Grandparents Day

September 17 – Sneakers at Work Day

September 18 – Yom Kippur

September 19 – Talk Like a Pirate Day

September 22 – Autumnal Equinox

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superfoods



10 SURPRISING SUPERFOODS
SEE PAGE THREE.

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did you know

THAT LORI ASHMORE PETERS IS
RUNNING FOR JUDGE OF PROBATE
COURT NO. 2 IN DALLAS COUNTY

"The probate courts affect us all with those decisions no one wants to face – guardianship of adults or children, mental or physical incapacity, end of life choices and inheritances. My interest in this field comes naturally, having grown up in a family of attorneys focused on probate, estate planning and mental health matters. I know that you share my concern that Dallas County probate judges be experienced, knowledgeable about probate law, competent, responsive and compassionate as their decisions affect families for generations to come."

--Lori Ashmore Peters

www.LoriAshmorePeters.com

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